

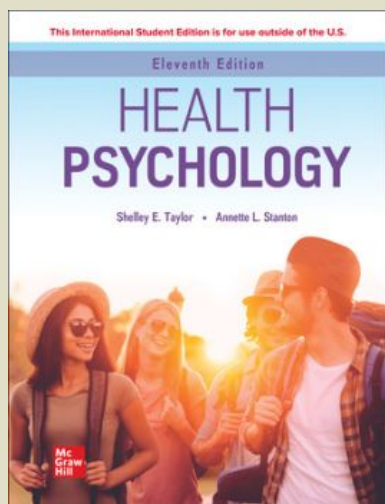


## Health Psychology

11th Edition

Shelley Taylor

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*Health Psychology*, Eleventh Edition, provides a comprehensive, accessible, and engaging look into the field of health psychology. With a focus on the most current research related to stress, psychosocial issues, and chronic disorders, this edition covers both the scientific progress of health psychology, as well as its important real-life applications. Research is presented with practical stories, written so that any reader can quickly identify how best to lead a healthier life. Since 1986, *Health Psychology* has helped thousands of students learn how to identify and eliminate stress, maintain their health, and use technology to get the best care possible, and this edition is no exception.

# New Features

Telemedicine and web-based care significantly updated to include the most recent apps and options available.

Covers the most important aspects of the Patient Protection and Affordable Care Act (ACA) and how the increase in health insurance availability can affect the population's overall health.

In-depth coverage of marijuana usage and how its partial legalization may change the future of pain medicine.

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