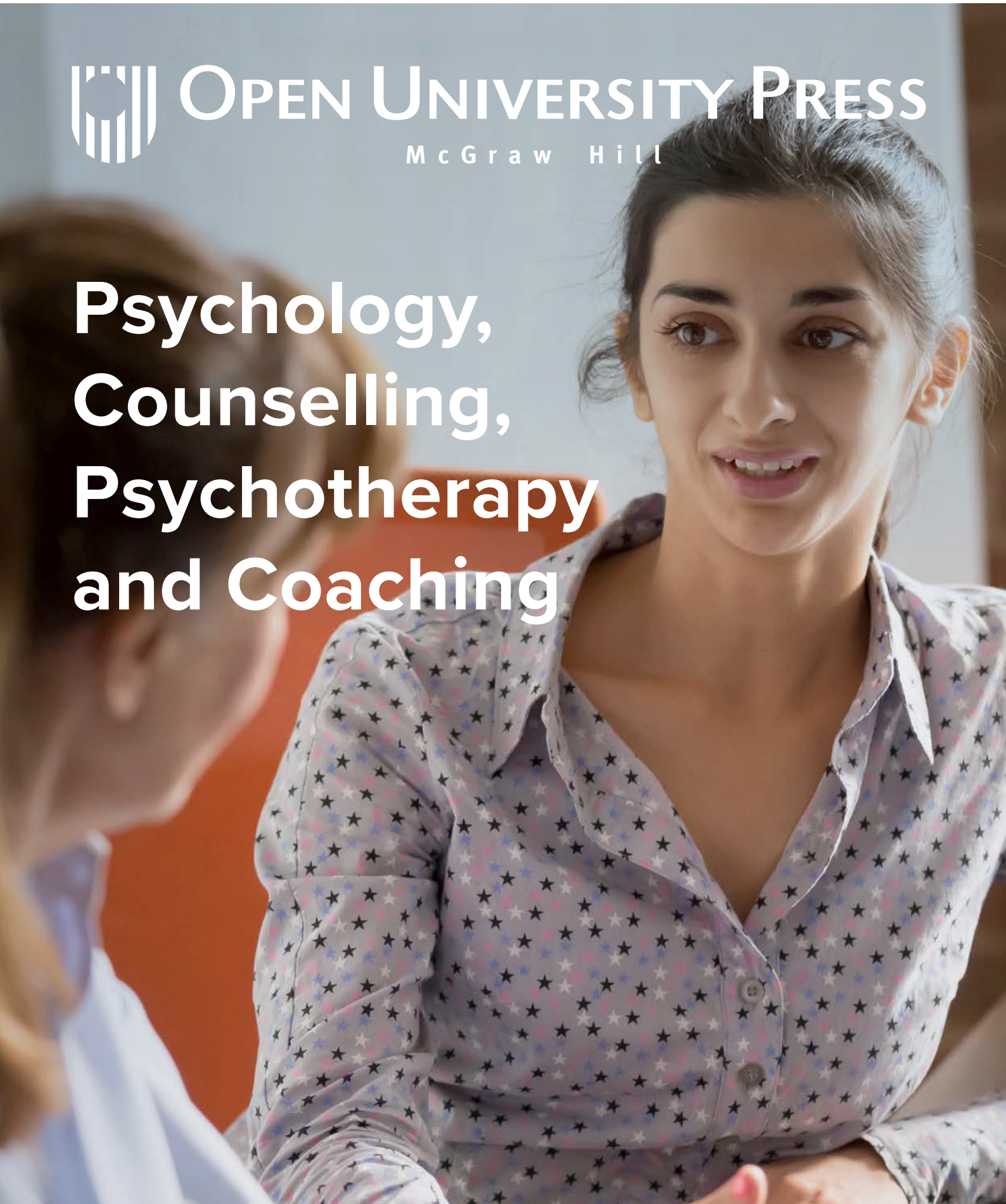
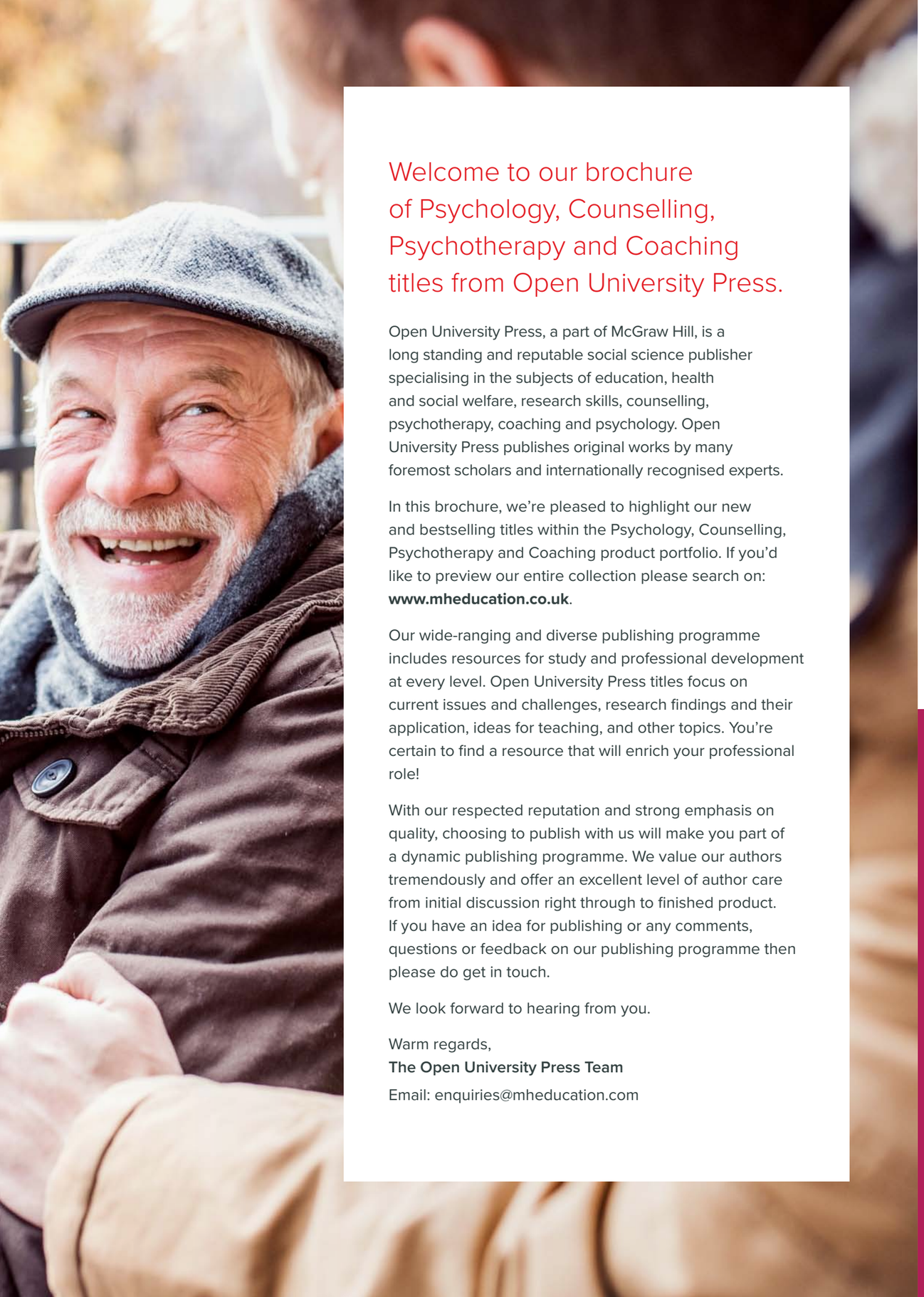
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Psychology 2



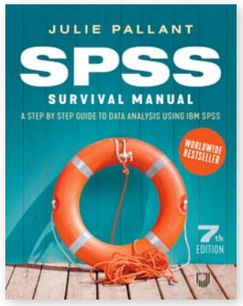
Counselling and Psychotherapy 6



Coaching 9

SPSS Survival Manual: A Step by Step Guide to Data Analysis using IBM SPSS 7e

Key Title



Julie Pallant
April 2020 **Print** 9780335249497 **eBook** 9780335249503

The *SPSS Survival Manual 7e* throws a lifeline to students and researchers grappling with this powerful data analysis software. In her bestselling guide, Julie Pallant takes you through the entire research process, helping you choose the right data analysis technique for your project.

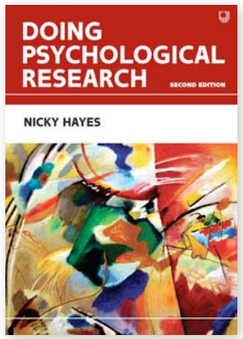
This edition has been updated to include up to SPSS version 26. From the formulation of research questions, to the design of the study and analysis of data, to reporting the results, Julie discusses basic and advanced statistical techniques. She outlines each technique clearly, with step-by-step procedures for performing the analysis, a detailed guide to interpreting data output and an example of how to present the results in a report.

For both beginners and experienced users in Psychology, Sociology, Health Sciences, Medicine, Education, Business and related disciplines, the *SPSS Survival Manual* is an essential text. It is illustrated throughout with screen grabs, examples of output and tips, and is also further supported by a website with sample data and guidelines on report writing.

"Whenever a student asks my advice on what textbook to use to help them with SPSS and statistical testing, it is always Julie Pallant's text that I pull off the shelf for them."
Hazel Brown, University of Winchester, UK

Doing Psychological Research 2e

Key Title



Nicky Hayes
February 2021 **Print** 9780335248834 **eBook** 9780335248841

A must-have for any student undertaking psychological research, this new edition has been comprehensively updated, while maintaining the simple, friendly language and use of everyday examples that have already helped generations of students to successfully understand what research methods are and how one might actually go about using them.

The book is divided into data-gathering and analytical sections, and covers the main methods used in psychology for each of these purposes. With detailed explanations of underlying principles, as well as exercises, activities, worked examples of statistical tests, and self-assessment questions, Hayes shows you what you are doing, when you should do it, and why you are doing it.

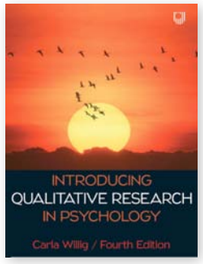
New to this edition:

- **Discussion on ethics at the end of each chapter on data-gathering**
- **Assessment of netnography and online research**
- **Additional examination of legal developments such as GDPR**
- **New chapter on multivariate analysis**

An accessible and thorough introductory text for all students of research methods in psychology.

"This book is an excellent grounding in both quantitative and qualitative psychological research methods, which provides an excellent 'one-stop shop' for any student beginning their learning journey."
Mark Griffiths, Distinguished Professor of Behavioural Addiction, Nottingham Trent University, UK

Introducing Qualitative Research in Psychology 4e

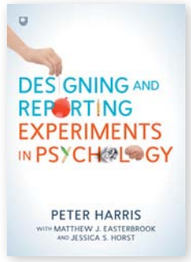


Key Title

Carla Willig
City University London, UK
October 2021
Print 9780335248698
eBook 9780335250363

Introducing Qualitative Research in Psychology 4e is a vital resource for students new to qualitative psychology. It explains when each qualitative research method should be used, the procedures and techniques involved, and any limitations associated with such research. Throughout the new edition, material has been re-organized and updated to reflect developments in the field, while Carla Willig's style of writing, popular with students and lecturers alike, remains unchanged.

Designing and Reporting Experiments in Psychology 4e



Key Title

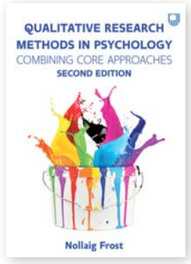
Peter Harris,
Matthew J. Easterbrook
and Jessica S. Horst
University of Sussex, UK
August 2021
Print 9780335245956
eBook 9780335245963

This textbook is a must-have guide for any psychology student looking to write a report on quantitative research. It provides a resource that students can refer to throughout their degree, up-to and including when writing up a final year undergraduate project.

Now fully updated in its fourth edition, this book maps to the seventh edition of the APA guidelines and offers more comprehensive advice, guidelines and recommendations than ever before. Students will benefit from:

- **Discussion of a wide range of quantitative studies, including but not limited to experiments**
- **Advice on reporting online studies and studies that include questionnaires**

Qualitative Research Methods in Psychology: Combining Core Approaches 2e



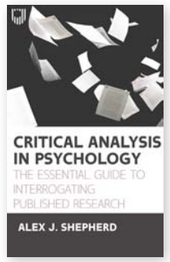
Key Title

Nollaig Frost
University College Cork, Ireland
June 2021
Print 9780335248971
eBook 9780335248988

This second edition provides invaluable guidance on carrying out qualitative research in psychology using methods both individually and in combination. Suitable for researchers at all stages of their development, the book provides a go-to resource for students who are just starting out, as well as for experienced qualitative researchers planning to carry out research pluralistically. Key features include:

- **A new chapter on Thematic Analysis**
- **Updated chapters on four other widely used qualitative methods – grounded theory, interpretative phenomenological analysis, discourse analysis and narrative analysis**

Critical Analysis in Experimental Psychology: The Essential Guide to Interrogating Published Research



Alex J. Shepherd
Birkbeck, University of London, UK
January 2022
Print 9780335249893
eBook 9780335249909

If something is published, does that mean it's true?

By encouraging the critical reading and analysis of psychological research reports and showing how design principles and statistics are applied, Shephard empowers students to read between the lines of any published study and draw their own conclusions. Using synopses of published research articles as examples, students are shown how to work out if summary claims made by authors or the media reflect an experiment's real findings.

Clinical Psychology, Research and Practice: An Introductory Text 4e

Key Title



Paul Bennett
University of Swansea, UK
March 2021 **Print** 9780335249756 **eBook** 9780335249763

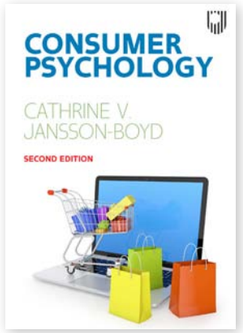
Extensively updated, this popular and accessibly written textbook outlines the latest research and therapeutic approaches within clinical psychology, alongside important developments in clinical practice. The book introduces and evaluates the conceptual models of mental health problems and their treatment, including second and third wave therapies.

Each disorder is considered from a psychological, social and biological perspective and different intervention types are thoroughly investigated. Key updates to this edition include:

- **A companion website, complete with extensive teaching and learning resources for students and instructors**
- **The development of case formulations for conditions within each chapter**
- **An articulation and use of modern theories of psychopathology, including sections on the transdiagnostic approach, meta-cognitive therapy, and acceptance and commitment therapy**
- **An introduction to emerging mental health issues, such as internet gaming disorder**
- **Challenging 'stop and think' boxes that encourage readers to address topical issues raised in each chapter, such as societal responses to topics as varied as psychopathy, paedophilia and the Black Lives Matter movement**
- **New vocabulary collated into key terms boxes for easy reference**

"This book provides an excellent introduction to clinical psychology. Written in an accessible style, the text effectively combines theory and research with practice examples and case studies."
Jason Davies, Professor of Forensic and Clinical Psychology, Swansea University, UK

Consumer Psychology 2e



Cathrine V. Jansson-Boyd
Anglia Ruskin University, UK
August 2019 **Print** 9780335247967 **eBook** 9780335247974

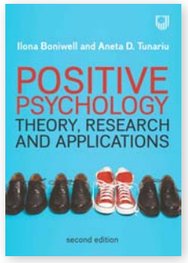
Informed by psychological theory and supported by research, *Consumer Psychology* provides an overview to understanding consumer behaviour and underlying thought processes. Written in a clear and accessible style it is an essential read for students of consumer psychology. It is also important reading for anyone studying consumption, whether in marketing, consumer behaviour, sociology, anthropology, business studies, cyberpsychology or sustainability.

This second edition has been updated with new research throughout and has more in-depth sections on topics such as:

- **Motives for and consequences of sharing in a social media environment**
- **Online gaming and online customized advertising**
- **Sustainable consumption and how to increase it**

Real-life examples including adverts and case studies are integrated throughout to ensure clear application to everyday life.

Positive Psychology: Theory, Research and Applications 2e



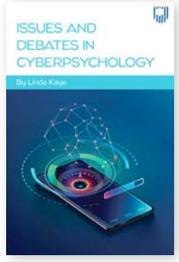
Key Title

Ilona Boniwell and Aneta D. Tunariu
University of East London, UK
June 2019
Print 9780335262182
eBook 9780335262199

The second edition of *Positive Psychology* features ground-breaking evidence and thinking on the topics of happiness, flow, optimism, motivation and more. Discover how to increase happiness levels, what obstacles to flourishing affect our day-to-day lives and how to apply positive psychology to diverse professional disciplines. The authors map the key positive psychology interventions available and discuss their merits with an emphasis on practice and evaluation.

Positive Psychology 2e is essential reading for students taking modules in positive psychology and wellbeing; will be of interest to students of applied, coaching and sports psychology; and can help develop practising psychologists, coaches, counsellors and researchers interested in this burgeoning field of mental wellbeing and human happiness.

Issues and Debates in Cyberpsychology



Linda K. Kaye
Edge Hill University, UK
January 2022
Print 9780335250776
eBook 9780335250783

This comprehensive and accessibly written book brings together in one place for the first time the wealth of debates within cyberpsychology. Is the distinction between so-called digital natives and digital immigrants meaningful in practice? What is the difference between screen time and screen use, and why has one been pathologized while the other has not? Is social media really bad for wellbeing?

This book considers these issues and more, in depth, with clear, informed resolutions and conclusions no longer being mediated by jargon-filled articles or misrepresentative media headlines. Key features include:

- **Real World Applications boxes, signposting why each debate is pertinent and what the implications may be in practice**
- **Take Home Messages boxes, helpfully summarising what students need to know and why**

A Feminist Companion to Social Psychology

Series Title



Madeleine Pownall and Wendy Stainton Rogers
University of Leeds, UK and The Open University, UK
November 2021 **Print** 9780335250752 **eBook** 9780335250769

The Feminist Companion series includes books which act as your friends and mentors in book form, supporting you in your studies, especially when things get tough. This companion offers a better-informed understanding of social psychology, what it knows, what it can deliver – and what it can't. Ultimately, it will help you gain a deeper understanding of the data, analytic tools and theoretical frameworks that inform social psychology, as well as empowering you to develop the capacity and authority to challenge assumptions and become a critical and engaged social psychologist.

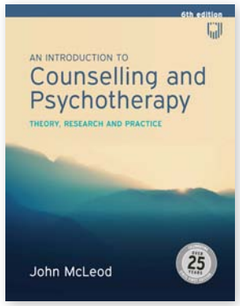
Key features include:

- **Five Reasons Why You Need a Feminist Companion**
- **Activity boxes, suggesting ways you can put the theory you are learning in to practice**
- **See and Hear for Yourself boxes, signposting real-world examples of the concepts covered**

This book maps to the British Psychological Society (BPS) curriculum on social psychology as well as the Quality Assessment Agency's (QAA) Subject Benchmark Statement for Psychology. This means undergraduate psychology students can expect to find cutting-edge insights from new, feminist research that are nonetheless directly relevant to their course.

An Introduction to Counselling and Psychotherapy: Theory, Research and Practice 6e

Key Title



John McLeod
Abertay University, UK
September 2019 **Print** 9780335243198 **eBook** 9780335243204

John McLeod's bestseller provides a comprehensive, research-informed overview of the theory and practice of counselling and psychotherapy. This new edition has been expanded to cover emerging aspects of contemporary practice, such as debates around neuroscience and integration; third-wave cognitive-behavioural therapies such as ACT, mindfulness and FAP; the experience of being a client; motivational interviewing; interpersonal psychotherapy; social dimensions of therapy; leaving therapy; gender and sexuality; spirituality; and key counselling and therapeutic skills and techniques.

This sixth edition has been fully updated and revised throughout and is separated into a four-part structure for easy navigation.

"Professor John McLeod's Introduction to Counselling and Psychotherapy *is a classic text... there is simply no other book on the topic to match it. This new edition, truly faithful to its predecessors, maps new innovations in the context of previous generations' viewpoints. This is 'the' book on counselling and psychotherapy."*

Ladislav Timulak, PhD, Course Director, Doctorate in Counselling Psychology, Trinity College Dublin, Ireland

Counselling Skills: Theory, Research and Practice 3e

Coming Soon

Key Title

John McLeod and Julia McLeod
Abertay University, UK
March 2022
Print 9780335250158
eBook 9780335250165

This book incorporates updated and enhanced material from the bestselling *Counselling Skills* book to focus on the needs of the student. The book will offer detailed research-informed discussion of key counselling skills, asking why these skills are essential to effective helping within the profession. It ensures that students are grounded in theory as well as practical knowledge to ensure they are able to continue developing throughout their career as the field changes. In particular, the new content reflects these changes via material on diversity and nonverbal communication. The book will be a foundation for students across the field.

Embedding Counselling in the Helping Professions: A Practical Guide

Coming Soon

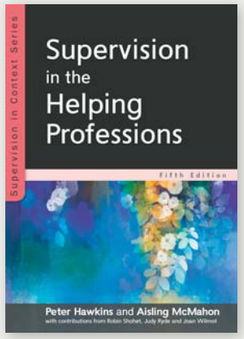
Key Title

John McLeod and Julia McLeod
Abertay University, UK
June 2022
Print 9780335250257
eBook 9780335250264

This book celebrates the role of embedded counselling within the helping professions. It provides resources and case studies for those, including nurses, teachers or social workers, who listen and empathetically support others as part of their professional contexts and actions. The book ensures that they have a framework of basic counselling concepts and skills to draw on so they can respond to challenges in a holistic manner.

Supervision in the Helping Professions 5e

Key Title



Peter Hawkins and Aisling McMahon
Henley Business School, UK and Dublin City University, Ireland
June 2020 **Print** 978033524834 **eBook** 9780335248353

This bestselling book provides a comprehensive guide to clinical supervision practice for helping professionals from various disciplines. As there has been a strong growth in research on supervision practice over the last 10 years, this new edition has been thoroughly updated to include insights from contemporary research and literature, providing supervisors with an accessible and well-informed grounding for their work.

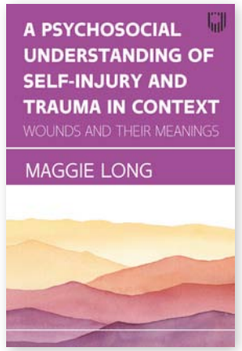
Highlights of this new edition include:

- **Deeper consideration of the challenges of working as helping professionals in current times**
- **Updated guidance for supervisors and supervisees on best practice and making the most of supervision**
- **An updated chapter on the Seven-eyed model**
- **A revised chapter on running supervisor training programmes, including guidance for training supervisors in using the Seven-eyed model**
- **A new chapter on development of supervision across professions, including invited contributions from practitioners from 11 different disciplines**
- **A new chapter offering a comprehensive review of research on supervision, focusing on application to practice**

"No bookshelf on supervision or coaching is complete without this core book, which is insightful, challenging and bang up-to-date. With new, important material, a wise book just got wiser."

Eve Turner, Chair, Association of Professional Executive Coaching Supervision (APECS), UK

A Psychosocial Understanding of Self-injury and Trauma: Wounds and their Meanings



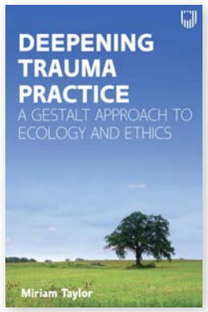
Maggie Long
Ulster University, Northern Ireland
January 2022 **Print** 9780335249572 **eBook** 9780335249589

This book is a key resource for any student or practitioner in the helping professions who wishes to develop a holistic understanding of self-injury.

Debunking common myths and stereotypes, Long uses an interdisciplinary approach to help readers understand the people behind the symptoms. The impact of interpersonal, societal, and intergenerational trauma is considered in depth, as are the key practical implications for research, policy and practice this understanding of self-injury brings.

Though primarily aimed at Counselling and Psychotherapy students, Long considers the challenging processes of help-seeking more broadly, providing useful strategies for responding to self-injury disclosures for practitioners in a range of roles where counselling skills are used, including those in Social Work, Youth Work, Teaching and Nursing.

Deepening Trauma Practice: A Gestalt Approach to Ecology and Ethics



Miriam Taylor
Gestalt Psychotherapist, Supervisor and Trainer
October 2021
Print 9780335249770
eBook 9780335249787

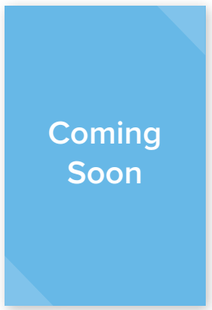
How can therapists work with individuals affected by trauma to develop therapeutic relationships? This book explores how trauma is embedded in our fragmented world; the relational space in the therapy session; and finally, the Gestalt premise that the complex and interconnected network of relationships is greater than the sum of its parts.

Moving beyond individualism, the book examines how trauma is an outcome of profound disconnection and how healing requires reconnection in equally multiple layers. Deepening Trauma Practice:

- **Takes a broad overview of collective and intergenerational trauma**
- **Examines how echoes of collective trauma shape the work in the consulting room**
- **Redefines what we understand as relational therapy**
- **Considers the self-hood of the therapist, and takes a fresh look at the ethics of self-care as a key intervention**
- **Argues for an ecological perspective on healing**

Using clinical vignettes and reflection points alongside theoretical discussion, the major themes of the book are woven together through the metaphor of the Trickster. As a companion volume to Miriam Taylor's first book *Trauma Therapy and Clinical Practice*, this book is an invaluable and unique contribution for therapists and those working in the field of trauma.

Routine Outcome Monitoring and Feedback in Psychological Therapies

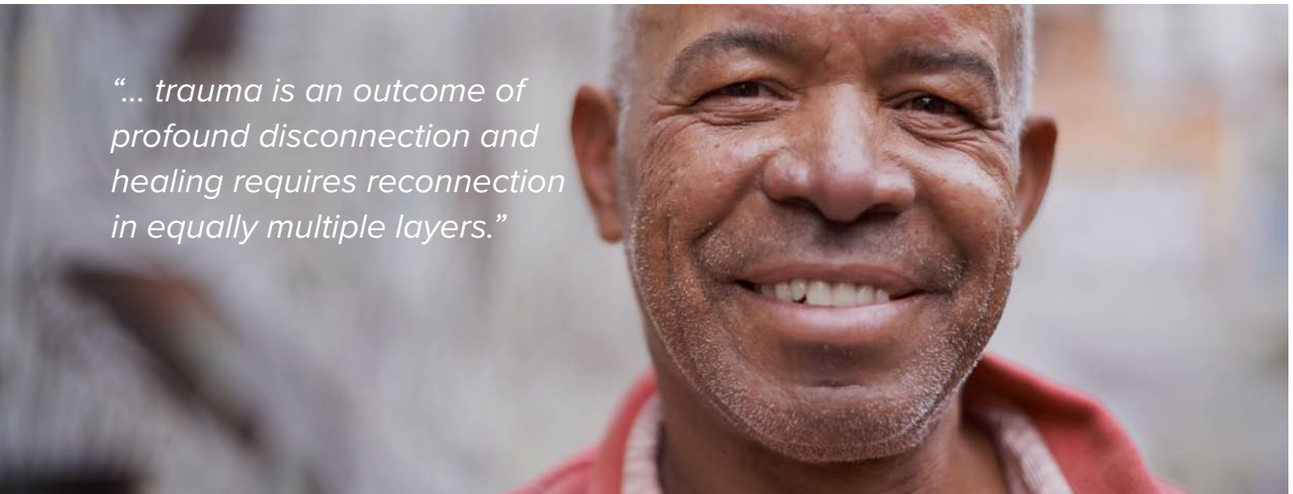


Kim de Jong, Michael Barkham and Jaime Delgadillo
Leiden University, the Netherlands, University of Sheffield, UK and University of Sheffield, UK
March 2022
Print 9780335249695
eBook 9780335249701

Based on the authors' own varied and extensive experiences as practitioners, this clear, practical guide shows therapists and trainees how feedback can best be used to inform treatment decisions and, ultimately, improve patient outcomes.

Key features include:

- **An up-to-date analysis of the current evidence base about the effectiveness of progress feedback**
- **Assessment of the advantages and disadvantages of the common feedback system**
- **Tips for having feedback conversations with patients**
- **Advice on how to deal with negative feedback**
- **Guidance on translating theory into practice**



The Coach's Survival Guide



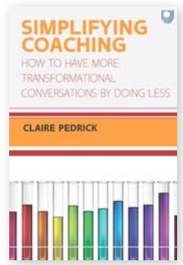
Kim Morgan
Barefoot Coaching Ltd
May 2019
Print 9780335227020
eBook 9780335227037

Written by award-winning coach Kim Morgan, this book is aimed at new coaches working in a freelance or self-employed role. It is also a valuable resource for anyone involved in coaching, including trainers of coaches.

The Coach's Survival Guide is grounded in practice and experience and including case studies drawn from real-life practice. It is rooted in the real world, normalizing the insecurities felt by many coaches and acknowledging the realities of building a coaching business, while addressing the everyday issues that can hinder a coach's performance or confidence. Kim covers issues such as:

- **Dealing with Impostor Syndrome**
- **Establishing credibility**
- **Contracting and boundaries**
- **Building your coaching business**
- **Self-care for coaches**

Simplifying Coaching: How to Have More Transformational Conversations by Doing Less

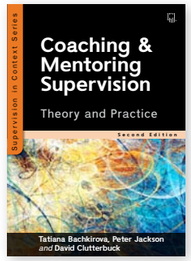


Claire Pedrick
3D Coaching
December 2020
Print 9780335249077
eBook 9780335249084

Fundamentally, coaching is about enabling someone to feel heard and to access new insights into their own life. But how can you facilitate someone else's thinking when you don't know what they already know? It is almost impossible to remember models and questions whilst giving your companion your full attention at the same time. Coaching simply means that you can listen and notice more, getting quickly to the heart of the conversation.

Whether you are brand new to coaching, are a trained coach who has lost confidence, or have many years' experience coaching at a senior level, this deeply practical book will have plenty to teach you.

Coaching and Mentoring Supervision: Theory and Practice 2e



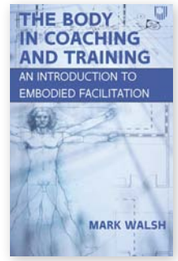
Series Title

Tatiana Bachkirova, Peter Jackson, David Clutterbuck
Oxford Brookes University, UK and Oxford Brookes University, UK and Independent Consultant
May 2021
Print 9780335249534
eBook 9780335249541

The new edition of this indispensable book provides insights into the role of supervision and a fresh perspective on the fundamentals of the discipline. Coaching supervision is now widely recognised as essential to effective coaching and professional development of coaches.

Coaching and Mentoring Supervision is the definitive text for coaching supervisors, supervisees and those working toward qualifications in coaching supervision.

The Body in Coaching and Training: An Introduction to Embodied Facilitation

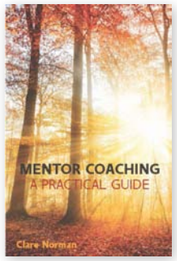


Mark Walsh
Integration Training
January 2021
Print 9780335250110
eBook 9780335250127

Are you a coach or trainer looking to work more with the body? Do you want to work safely and help your clients make deeper change? Do you know that the body matters for facilitation, but are not sure practically how to develop this aspect of your work? This book will provide you with the theory and real-world tools for excellence in embodied facilitation. It contains over 50 simple exercises for both you and your clients, and offers a clear pragmatic framework for deepening your experience and developing your skills.

Through core techniques such as awareness raising exercises, centring and embodied listening, you will learn how to help clients with a range of common coaching topics.

Mentor Coaching: A Practical Guide



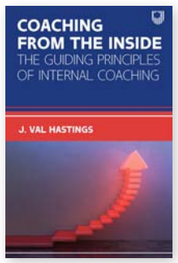
Clare Norman
Clare Norman Coaching Associates Ltd
April 2020
Print 9780335248797
eBook 9780335248803

This practical guide argues that both mentor coaching and supervision be mandated by the professional coaching bodies as part of coaches' continuous professional development. Mentor coaching is not just for those coaches seeking a credential: it is for lifelong professional development for every coach, at every level of the profession.

You are the best coaching tool there is. Tools need to be oiled, sharpened, repaired and protected to keep them in tip top condition. That's what mentor coaching and supervision do – they keep coaches sharp and fit for purpose.

The reader will learn how to develop as a coach using mentor coaching, as well as how to develop as a mentor coach, to support other coaches to develop. Clare Norman explains what mentor coaching is, why it is so important and the competencies for mentor coaching.

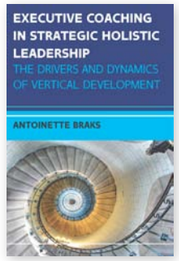
Coaching from the Inside: The Guiding Principles of Internal Coaching



J. Val Hastings
Founder and President of Coaching4Today'sLeaders and Coaching4Clergy
August 2021
Print 9780335249794
eBook 9780335249794

Coaching From the Inside responds to the rapid rise of internal coaching in the global community. Most coaching and coach training out there already is geared toward external coaching, where coaching is delivered by someone who does not belong to the organisation. Through a series of interviews with internal coaches from around the globe, Hastings has gathered stories, examples, best practices, expert insights, and warnings about common missteps and misunderstandings. This increasingly relevant text highlights the unique elements of internal coaching and what differentiates it from external coaching.

Executive Coaching in Strategic Holistic Leadership: The Drivers and Dynamics of Vertical Development

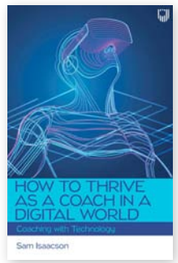


Antoinette Braks
StageSHIFT Coaching
August 2020
Print 9780335249114
eBook 9780335249121

This book introduces executive coaches to developmental psychology and stage leadership development as a measure of coaching effectiveness. It explains how they can transform themselves and their clients by applying a holistic system stage shift with 8 drivers of transformational change.

The stages within adult development/vertical learning is one of the fastest growing trends in leadership development today yet there is no "go-to" book that provides a simple outline of the stages of development in terms of executive capabilities and role levels. There is also very little available on the drivers and dynamics of later stage development and how these can be leveraged through the course of executive coaching... until now.

How to Thrive as a Coach in a Digital World: Coaching with Technology



Sam Isaacson
Grant Thornton
August 2021
Print 9780335250615
eBook 9780335250622

Technology offers coaches new horizons and a chance to connect with clients with new techniques. This book addresses these opportunities as well as the dilemmas and difficult questions that are part of the new landscape. What will happen when a big coaching platform is hacked? Will coaches ever be replaced by robots? Or perhaps, when will coaches be replaced by robots? As digital tools become increasingly enmeshed in our world, it is essential for coaches to use technology wisely, to build rapport and operate effectively. With the support of this book, coaches can use technology to enhance their practice.

Coaching, Mentoring and Organisational Politics

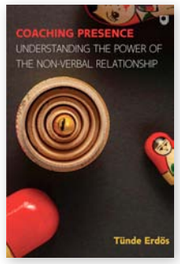
Coming Soon

David Clutterbuck, Lise Lewis and Tim Bright
David Clutterbuck Partnership
January 2022
Print 9780335249473
eBook 9780335249480

All organizations are political environments. Politics is present in all the major processes, including resource allocation, succession planning and equal opportunities. Yet being political is often regarded as a negative trait, associated with lack of authenticity, unethical behaviour and sociopathy. For employees, managing politics is a core skill. For coaches and mentors, there is the constant dilemma of how to help a client thrive in a political environment while retaining their authenticity.

This book aims to set out practical ways in which coaches and mentors can both maintain their own integrity and support their clients in doing the same, in politicised environments.

Coaching Presence: Understanding the Power of Non-verbal Relationships



Tünde Erdös
HEC Paris, France
June 2021
Print 9780335249657
eBook 9780335249664

Professional wisdom has suggested that coaching presence is purely about the coach – how they show up in the room, and what they say and do to support clients to reach their goals. But what if it was about the relational dynamics between the coach and client at an unspoken level? In this book, Tünde Erdös demystifies the power of the non-verbal coaching relationship.

Put simply, the body does not lie. Using research from 184 videoed coach-client pairs and exploring their spontaneous interactions at a non-verbal level, we deepen our understanding of how clients navigate uncertainties (including in the coaching room) and how coaches can truly partner with clients to facilitate their goal attainment beyond traditional coaching.

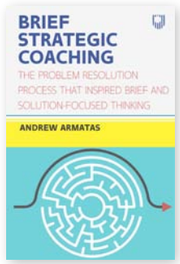
Leadership Transition Coaching



Mary Devine, Inge Nieuwstraten
HR Consultant, Executive Coach and Mentor, University College Cork, Ireland
June 2021
Print 9780335250332
eBook 9780335250349

Want to know how your executive clients feel during coaching? This book is a practical guide for any coach and coach trainer who wants to hear the voices of leaders as they convey what is valuable to them when moving into a new role. This book provides a framework for practising coaches who want to understand the impact of coaching on leaders as they transition. The framework is grounded in research that reflects the practice and real-life experiences of several leaders who were coached by the author.

Brief Strategic Coaching: The Problem Resolution Process that Inspired Brief and Solution-focused Thinking



Andrew Armatas
Executive Coach and Psychologist
June 2021
Print 9780335249435
eBook 9780335249442

Brief Strategic Coaching offers coaches a different process for rapid problem resolution and change. The book guides readers to identify problematic attempts at solutions, to get unstuck and reach their goals by breaking free from the vicious cycle of *"the more I try to solve a problem, the worse it gets"*. Instead, the new solution is often radically different to the original one and brief strategic coaching supports successful implementation of these new actions.

Coaches can use this book to:

- **Integrate brief strategic coaching with their current methods of working**
- **Understand and assess current solution attempts by coachees**
- **Support coachees to escape the cycle of problem maintenance**
- **Adjust problem perceptions and develop new solution strategies with the coachee**

The Career Equation: Coaching a Culture of Career Conversations



Erica Sosna
Founder of Career Matters
April 2021
Print 9780335249053
eBook 9780335249060

The Career Equation® allows coaches and talent professionals to offer their clients and staff the clarity to enable them to take meaningful action. Whether it is to commit fully to the work they are doing, to make a lateral move within their existing firm, or to try something completely new, the Equation addresses the self-knowledge and self-management needed for them to own their careers. We all have unique talents and skills and the Equation can help people find their place in the world of work.

Coaching for Cultural Transformation: Staying Competitive in Changing Environments

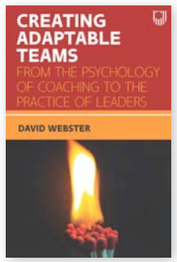


John Cockburn-Evans
Independent Coach and Consultant
March 2021
Print 9780335249275
eBook 9780335249282

In order to stay competitive in volatile, uncertain, complex and ambiguous business environments, company culture needs to evolve in a focused and strategic manner. Despite the number of change management models that exist, implementation is often poor. The solution? An effective coaching programme, whereby leaders and staff are coached at all levels to mitigate against failure.

This practical guide offers advice on how to coach, lead or influence cultural transformations in large organisations. Through behavioural psychology theory and company examples the reader will learn the business imperative for change, potential failure points and why coaching is critical.

Creating Adaptable Teams: From the Psychology of Coaching to the Practice of Leaders

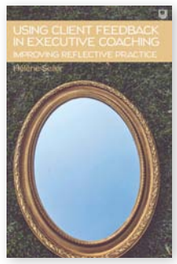


David Webster
Centre for Teams, UK
June 2021
Print 9780335250073
eBook 9780335250080

This practical guide for coaches, leaders and team members will help readers create team success in a modern context. Adaptability has now become a core skill and adaptable teams create foundations that withstand the increasing speed of change, allowing for quality in performance to be sustained. This book defines the core components of the Adaptable Team™ Framework, to embed the principles and practice of team support.

As teams can often work in a range of volatile, uncertain and ambiguous environments, this book offers numerous tips for readers on their quest for team excellence.

Using Client Feedback in Executive Coaching Improving Reflective Practice



Helene Seiler
Executive coaching practitioner, supervisor and educator
March 2021
Print 9780335249411
eBook 9780335249428

More and more coaches are becoming credentialed and regularly engage in training and supervision to gain feedback and learn from their peers. Yet very few leverage their own clients as a source of information in their professional development, despite the fact that clients spend more time observing and experiencing them in practice than all other observers combined. This book will help you make the most of this untapped resource.

Applicable to executive coaches worldwide, as well as their educators and supervisors.

Becoming Agile: Coaching Behavioural Change for Business Results



Laura Re Turner
Coach, trainer, and facilitator
May 2021
Print 9780335249039
eBook 9780335249046

This book outlines how leaders and teams use Agile frameworks to coach behavioural change and to lay the foundations of success. Using the latest coaching approaches from executive, team, and systemic team coaching, the book shows how coaches can use Agile frameworks at the level of mindset and behaviours.

The book demonstrates well-known frameworks such as Scrum, DSDM, and Lean Startup to support change and success. Readers will learn about the Six Lenses of Systemic Team Coaching including the individual mindset, interpersonal skills, team working and collaboration skills, and awareness of the external business environment, to create true business agility.

Becoming Agile is an indispensable resource for professional coaches who work with organisations that want to become Agile, as well as business leaders looking for a meaningful way to reap the benefits promised by agility.

"Here we have a pragmatic and readily applicable approach to integrating both concept and practice across these two evolving domains."

David Clutterbuck, Special Ambassador, European Mentoring and Coaching Council

"This book is perfect for business leaders, entrepreneurs, and indeed anyone new to the world of agile leadership."

David Taylor, Founder, Naked Leader

"This book is a great resource for coaches who want to continue developing skills that will support leaders, teams, and organizations in building business agility."

Ahmed Sidky, Ph.D., President of the International Consortium for Agile (ICAgile)

Coaching the Outsider

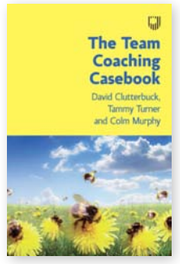
Coming Soon

Deborah Samuel
Executive coach and Organisational Psychologist
March 2022
Print 9780335249718
eBook 9780335249725

This book examines the concept of the Outsider and how coaches can work with people who identify with this category. It recognises that this is not a constant definable group, and more of a state - anyone can be an Outsider at any time. This book will guide and provide useful shifts and adaptations coaches can use in response to challenges they may come across when coaching Outsiders.

Covering everything from home problems and coping with stress, to operating within organisations, career changes, parental leave and more, this book provides a framework to coaching clients through their feelings of outsiderness. Crucially, it also looks at the advantages and strengths to being an Outsider and how positive experiences of alienation can be valuable.

The Team Coaching Casebook



David Clutterbuck, Tammy Turner and Colm Murphy
David Clutterbuck Partnership
October 2021
Print 9780335249350
eBook 9780335249367

This casebook demonstrates the diversity and complexity of team coaching through short case studies, illustrating situations and challenges team coaches meet in their practice. It is international in scope, with contributors drawn from team coach networks around the world. Cases are grouped to extract core themes and lessons, and the three, well-respected editors will additionally provide a commentary on themes emerging from each section.

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